Dream Big Institution
No. 1 Platform For Preparation of Govt Exams

IMPORTANT DAYS AND THEMES MARCH 2023

List of Important Days in March 2023: National and International Days with Themes

Date	Important days in March 2023	Theme
1st March	Zero Discrimination Day	Save lives: Decriminalise
1st March	World Civil Defence Day	Uniting the world's leading specialists for the safety and security of future generations
1st March	Self-Injury Awareness Day	-
3rd March	World Wildlife Day	"Partnerships for wildlife conservation."
3rd March	World Hearing Day	"Ear and hearing care for all! Let's make it a reality."
3rd March	Employee Appreciation Day	-
4th March	National Safety Day	"Our Aim – Zero Harm".
8th March	International Women's Day	DigitALL: Innovation and technology for gender equality
8th March	National No Smoking Day	Quit and win

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8th March	Holi Day	-
10th March	CISF Raising Day	
12th March	Mauritius Day	
14th March	• PI Day • International Day of Action of Rivers	
15th March	World Consumer Rights Day	
16th March	National Vaccination Day	
17th March	World Sleep Day	
18th March	Ordnance Factories Day (India)	
20th March	• International Day of Happiness • World Oral Health Day • World Sparrow Day	
21st March	• World Forestry Day • World Down Syndrome Day • World Poetry Day • Human Rights Day(South Africa)	
22nd March	World Water Day	
23rd March	World Meteorological Day	
24th March	World Tuberculosis (TB) Day	

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25th March	• **International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade** • **International Day of the Unborn Child** • **International Day of Solidarity with Detained and Missing Staff Members**	
26th March	**Purple Day for epilepsy**	
27th March	**World Theatre Day**	

Important Days in March 2023 National and International:

Zero Discrimination Day - 1st March 2023

List of Important Days in March 2023 International: We celebrate Zero Discrimination day every year on March 1st for the right of everyone to live a full and productive life. On Zero Discrimination Day this year, it is highlighted the urgent need to take action to end the inequalities surrounding income, Sex, Age, Health status, Occupation, disability, sexual orientation, drug use, gender identity, race, class, ethnicity, and religion that continue to persist.

World Civil Defence Day - 1st March 2023

List of Important Days in March 2023 International: World Civil Defence Day is celebrated internationally every year on March 1st. The purpose of this event is to make people aware of the critical role civil defense plays in disaster recovery. It promotes awareness among citizens about disaster preparation, avoidance, and self-protection. It aims to raise public knowledge of the civil defense.

Self-Injury Awareness Day - 1st March 2023

List of Important Days in March 2023 International: Self-Injury Awareness Day, or SIAD, is a global awareness event celebrated on March 1. It draws attention to self-harm in the

hope of helping people who practice it. Almost two million Americans engage in self-harm. About 17% of people will self-harm during their lifetime. People who self-harm say that it gives them a feeling of control and release from tension. Mental health organizations also make extra efforts to raise awareness about self-harm and self-injury, with some even offering free therapy sessions on the day.

World Wildlife Day- 3rd March

List of Important Days in March 2023 International: World Wildlife Day (WWD) will be celebrated on March 3rd, 2023 under the theme which will be announced later. The celebrations will seek to draw attention to the conservation status of some of the most critically endangered species of wild fauna and flora and to drive discussions toward imagining and implementing solutions to conserve them.

World Hearing Day - 3rd March

List of Important Days in March 2023 International: World Hearing Day is held on 3 March each year to raise awareness on how to prevent deafness and hearing loss and promote ear and hearing care across the world.On World Hearing Day 2023, WHO will focus on the importance of safe listening as a means of maintaining good hearing across the life course

Employee Appreciation Day - First Friday (3rd March)

List of Important Days in March 2023 International: The first Friday (3rd March) in March is Employee Appreciation Day, meant to honor employees everywhere. It was created to focus the attention of employers in all industries on employee recognition. It is celebrated when employers or managers express gratitude, say thank you, and show appreciation through celebration and encouragement, and employee job satisfaction and engagement increase. This was created by Dr. Bob Nelson, initially to celebrate the publication of his book 1,001 Ways to Reward Employees

National Safety Day - 4th March

List of Important Days in March 2023 India: National Safety Day is observed every year in India on March 4 to generate awareness and commitment to working safely. It is aimed at

renewing the commitment of employees and the general public to work safely throughout the year. The theme for National Safety Day 2023 will be announced later. The Ministry of Labour, Government of India set up the National Safety Council of India (NSC) on 4 March 1966. To develop and sustain the movement on SHE that is focusing on safety, Health, and Environment at the national level.

National No Smoking Day - 8th March

National No Smoking Day, held every second Wednesday of March, will be March 8, 2023. The day is designed as a time to reach out to friends or family members who suffer from nicotine addiction. Research shows the number of people around the world who still smoke cigarettes and are not actively trying to quit is severely dwindling.

International Women's Day - 8th March

International Women's Day is a global day celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating gender parity. It is celebrated to raise awareness of discrimination and bias and to inspire and empower us all to take action for equality.

Holy - 8th March

It is celebrated on March 8 every year. Holi is an ancient Hindu tradition and is also one of the most popular festivals in Hinduism. It celebrates the eternal and divine love of the god Radha Krishna. The day also signifies the triumph of good over evil.

CISF Raising Day - 10th March

List of Important Days in March 2023 India: The Central Industrial Security Forces(CISF) raising day is celebrated on March 10 annually. It was set up under the act of the Parliament of India in 1969. The day is observed to mark the significance of security in critical industrial undertakings in both government and private sectors.

Mauritius Day - 12th March

List of Important Days in March 2023 National: National Day in Mauritius is a public holiday that is celebrated annually on March 12th. It is known as Independence and Republic Day, this holiday is the national day of Mauritius and it marks two key events in the recent history of the country that both took place on March 12th which is independence from Britain in 1968 and becoming a republic in 1992 and as a tribute to Gandhiji and the Indian freedom struggle.

PI Day - 14th March

List of Important Days in March 2023 International: Every year on March 14, the world celebrates Pi Day to recognize the mathematical constant, Pi. It defines as the ratio of a circle's circumference to its diameter and the value for Pi is 3.14. diameter and its value are 3.14. Maths enthusiasts across the world hold fun events on this day to mark the celebrations

International Day of Action of Rivers- 14th March

List of Important Days in March 2023 International: International Day of Action for Rivers is marked on March 14 across the world. The day is observed to sensitize people about the importance of rivers. It aims to bring people across borders, together to discuss issues about increase intending to supportive management, river pollution, river conservation, etc at a global level.

World Consumer Rights Day - 15th March

List of Important Days in March 2023 International: World Consumer Rights Day, celebrated on March 15 every year, is a global event that aims to raise awareness about consumer rights and needs. Consumer rights mean that every person who buys various products, goods, and services, has the right to have information on the quality, purity, price, and standard of those products. Consumers International announce that the theme for World Consumer Rights Day 2023 is Fair Digital Finance. The global consumer advocacy movement will call for fair digital finance for consumers everywhere.

National Vaccination Day - 16th March

List of Important Days in March 2023 India: National Vaccination Day is observed every year on March 16. The day conveys the importance of vaccination and its role in public health. On this day in 1995, the first dose of the oral polio vaccine was given in India. Vaccination or immunization is the most effective prevention method of highly infectious diseases.

World Sleep Day- 17th March (Friday)

List of Important Days in March 2023 International: It is an annual event, intended to be a celebration of sleep and a call to action on important issues related to sleep, including medicine, education, social aspects, and driving. It is organized by the World Sleep Day Committee of the World Sleep Society (founded by WASM and WSF) and aims to lessen the burden of sleep problems on society through better prevention and management of sleep disorders.

Ordnance Factories Day (India) - 18th March

List of Important Days in March 2023 India: The Ordnance Factories' Day is observed on the 18th of March every year. The production of India's oldest Ordnance Factory, which is at Cossipore of Kolkata, was started on the 18th of March, 1802. The day is celebrated by displaying the rifles, guns, artillery, ammunition, etc in exhibitions all over India. Usually, the exhibitions are open to all. The celebrations start with a parade and the exhibition will also display the photographs of various mountaineering expeditions.

International Day of Happiness - 20th March

List of Important Days in March 2023 International: It is the day celebrated on 20th March every year globally as the world recognizes the importance of happiness in our lives. First celebrated in 2013, the International Day of Happiness brings awareness to happiness as a fundamental human goal and highlights the importance of happiness and well-being as an aspiration for people all around the world.

World Oral Health Day- 20th March

List of Important Days in March 2023 International: it is observed on 20th March every year globally. World Oral Health Day was launched on 20 March 2013 by FDI World Dental

Federation. The day also marks the launch of a year-long campaign to raise awareness of oral health and the prevention of oral diseases. On the 20 March every year, we ask the world to unite to help reduce the burden of oral diseases, which affect individuals, health systems, and economies everywhere.

World Sparrow Day - 20th March

World Sparrow Day, observed annually on March 20, is a day to raise awareness of the protection of sparrows. We are particularly excited about this holiday because we just can't resist the cuteness of these little birds

World Forestry Day - 21st March

List of Important Days in March 2023 International: According to the official UN website, the Day celebrates and raises awareness of the importance of all types of forests. On this day, countries are encouraged to undertake local, national, and international efforts to organize activities involving forests and trees, such as tree-planting campaigns.

World Down Syndrome Day- 21st March

List of Important Days in March 2023 International: World Down Syndrome Day (WDSD) is marked each year on March 21, beginning in 2006. The 21st day of March (the 3rd month of the year) was selected to signify the uniqueness of the triplication (trisomy) of the 21st chromosome which causes Down syndrome. The General Assembly decided, with effect from 2012, to observe World Down Syndrome Day on 21 March each year

World Poetry Day - 21st March

List of Important Days in March 2023 International: UNESCO first adopted 21 March as World Poetry Day during its 30th General Conference in Paris in 1999, with the aim of supporting linguistic diversity through poetic expression and increasing the opportunity for endangered languages to be heard. World Poetry Day is celebrated all over the world with poetry festivals and events, online and offline. People also post and talk about poetry and their favorite poets today.

Human Rights Day (South Africa) - 21st March

List of Important Days in March 2023 National: Human Rights Day is a national day that is commemorated annually on 21 March to remind South Africans about the sacrifices that accompanied the struggle for the attainment of democracy in South Africa. It commemorates the 1960 Sharpeville massacre, where 69 people were killed while protesting apartheid pass laws. Today the Bill of Rights is enshrined in our constitution, protecting South Africans from human rights infringements.

World Water Day - 22nd March

List of Important Days in March 2023 International: It celebrates water and raises awareness of the 2.2 billion people living without access to safe water. A core focus of World Water Day is to support the achievement of Sustainable Development. "Groundwater: making the invisible visible" proposed by IGRAC will be the theme for World Water Day 2022.

World Meteorological Day - 23rd March

List of Important Days in March 2023 International: World Metrology Day is an annual event during which more than 80 countries celebrate the impact of measurement on our daily lives. This date was chosen in recognition of the signing of the Metre Convention on 20 May 1875, the beginning of the formal international collaboration in metrology.

World Tuberculosis Day - 24th March

List of Important Days in March 2023 International: Each year, we commemorate World Tuberculosis (TB) Day on March 24 to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic. We observe World TB Day commemorate Dr. Robert Koch's announcement of his discovery of Mycobacterium tuberculosis, the bacillus that causes TB.

International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade - 25th March

List of Important Days in March 2023 International: The yearly remembrance serves not only as an opportunity to reflect on those that suffered and perished at the hands of

slavery but also as an occasion to raise awareness to the world's youth about the dangers of racism and prejudice.

International Day of the Unborn Child- 25th March

List of Important Days in March 2023 International: Celebrated simultaneously with the Feast of the Annunciation on the 25th of March every year is the International Day of the Unborn Child. Officially, it was first celebrated in 1993 in El Salvador where the people celebrated the right to be born. This day commemorates the lost lives of those unborn children due to the horror of abortion. This was during the office of Pope John Paul II. The Pope saw this day as "a positive option in favor of life."

International Day of Solidarity with Detained and Missing Staff Members - 25th March

The International Day of Solidarity with Detained and Missing Staff Members is marked each year on the anniversary of the abduction of Alec Collett, a former journalist who was working for the United Nations Relief and Works Agency for Palestine Refugees in the Near East (UNRWA) when he was abducted by armed gunman in 1985. His body was finally found in Lebanon's Bekaa Valley in 2009.

Purple Day for Epilepsy - 26th March

List of Important Days in March 2023 International: Purple Day is an international grassroots effort dedicated to increasing awareness about epilepsy worldwide. On March 26th annually, people in countries around the world are invited to wear purple and host events in support of epilepsy awareness.

World Theatre Day - 27th March

List of Important Days in March 2023 International: World Theatre Day (WTD) is an international observance celebrated on 27 March. It was initiated in 1961 by the International Theatre Institute. The day is celebrated to raise awareness about the importance of theatre arts and their important role in entertainment, and to highlight how they can be used to foster peace and economic development.

No Smoking Day - 2nd Week Wednesday of March

List of Important Days in March 2023 International: No Smoking Day is a national campaign that encourages the nation's smokers to make a quit attempt on the second Wednesday of March each year. The Member States of the World Health Organization created World No Tobacco Day in 1987 to draw global attention to the tobacco epidemic and the preventable death and disease it causes. In 1987, the World Health Assembly passed Resolution WHA40.